Multicultural Trauma Treatment
Training Retreats in Rwanda

Overview
Are you passionate about trauma-related disorders and would like to develop new competencies in a unique multicultural environment? Have you dreamed of visiting Rwanda to learn about the country’s miraculous recovery after the 1994 genocide and ongoing efforts in reconciliation, nation building and trauma treatment?

We invite international professionals and students interested in trauma treatment to travel to Rwanda, enjoy cultural and thematic introductions, and join Rwandan clinicians and students in a training workshop on Multicultural Trauma Treatment.

The program has been approved by NBCC for NBCC Credit (38 CE contact hours). ITTC and GEI are solely responsible for all aspects of the program. NBCC Approval No. SP-2700.

Highlights
• Learn about trauma within a multicultural context.
• Experience a high-level, specialized training that will enrich your practice and expand your skill set.
• Gain invaluable intercultural competence relevant to your profession.
• Share your knowledge and gain new insight through a unique African perspective on mental health.
• Explore an exciting destination and immerse yourself in the culture of your hosts.

AT A GLANCE

Dates:
November 16-23, 2019

Fees per person:
- Program fee: US $2,300
- ITTC registration fee: US$ 400

Optional extensions:
- Safari in Akagera NP: US$ 750
- Mountain gorilla tracking: US$ 2,250

CE Credit:
38 contact hours (NBCC)*
* NBCC Approval No. SP-2700

Program leader and presenter:
Athena Phillips, LCSW
(Founder/Therapist, ITTC)

www.global-engagement.org/professionals/health/multicultural-trauma-treatment-training-rwanda
Why choose this program?

Today’s Rwanda is a country that has emerged from extensive cultural and political conflict to become one of the most significant development success stories in Africa. Also known as the ‘Land of a Thousand Hills’ for its immense natural beauty, it is widely praised for its achievements in reconciliation and nation building.

While Rwanda’s medical system is generally lauded as an African success story, the field of mental health continues to be underserved. In particular, providing adequate counseling and treatment for post-traumatic stress disorder following the 1994 genocide is a considerable challenge to the existing capacity.

Exchanging your knowledge and discussing the assessment and treatment of trauma-related disorders with a multicultural group of participants from Rwanda and abroad will offer you numerous new perspectives and the opportunity to internationalize your practice. Our training works from a stage-based, person-centered approach that integrates the application of skills through cross-cultural, experiential learning.

The host institutions

The program is based on a collaborative effort between GEI, the University of Rwanda’s College of Medicine & Health Sciences and the Integrative Trauma Treatment Center.

The Integrative Trauma Treatment Center (ITTC) provides trauma treatment to survivors of physical, emotional and political trauma from a prism of honor, reverence and optimism. It works from the assumption of inherent goodness, health and capacity in all people. ITTC practitioners have various specialties in other arenas of mental health in addition to post-traumatic stress. Trauma is their specialty, which increases their ability to address other concerns with sensitivity, compassion and skill. Medication management, acupuncture/Chinese medicine and massage are offered in conjunction with psychotherapy as an integrative approach to mental health.

What's included? What isn't?

Included: Training and materials, accommodation in mid-range hotels, in-country transportation, meals during program activities, program-related activity and entrance fees, full-time delegation management and guiding, 24/7 emergency support from our local program office.

Not included: Transportation to/from the destination (including international airfare and taxes), visas, travel and medical insurance, immunizations, some of the meals, alcoholic and additional nonalcoholic drinks, personal expenses and other extras.