



Global Mental Health Conference

Knowledge Exchange in Rwanda



Introduction

Are you **passionate about global mental health** and would like to gain new insight through a unique African perspective? Have you read about the Rwandan genocide and would like to learn more about the country's history as well as its unique success with reconciliation and nation building? Join our 5th Global Mental Health Conference!

The 2019 theme will be *The Generation After: Living with the consequences of the 1994 genocide*. Participants have the opportunity to hear from Rwandan and international scholars, and to exchange their knowledge with a multicultural group of participants from Rwanda and abroad.

Co-hosted with the **Center for Mental Health (CMH) at the University of Rwanda**, this week-long program is available to students and professionals in the various mental health disciplines and related subjects. Continuing Professional Development credits are available.

Highlights

- **Share** your knowledge and gain new insight through a unique African perspective on mental health in developing countries.
- **Learn** about the unique Rwandan success story.
- **Study** together with a multicultural group from Rwanda and abroad.
- **Create** once-in-a-lifetime memories and build lasting friendships with professional colleagues.
- **Obtain** valid training credits.
- **Stay** on to spend the summer in Rwanda by also enrolling in an internship or volunteer placement in a mental health organization.



AT A GLANCE

Location:

Kigali, Rwanda

Host institutions:

University of Rwanda
GEI

Dates:

June 22-29, 2019

Fees:

Conference package: US \$1,290

Optional extensions:

- Pre-conference Trauma Treatment training retreat
- Post-conference volunteer placement
- Akagera National Park safari
- Mountain gorilla trekking

Program Background

According to World Health Organization (2005) estimates, over **450 million people live with unmet mental health needs**. Developing countries in particular often have a critical shortage of mental health professionals, and the resulting unmet mental health needs are costly both socially and economically.

Rwanda is one such country. While its medical system is generally lauded as a major African success story, the field of mental health continues to be underserved. In particular, providing adequate counseling and treatment for post-traumatic stress disorder following the 1994 genocide is a considerable challenge to the existing capacity in Rwanda.

Destination: Rwanda

Imagine an African nation where you can feel safe and secure walking the streets of its modern green capital, where zero tolerance for corruption really means zero tolerance, a country which the World Bank applauds as one of the world's top business reformers, with the most gender-equal parliament in the world, increasingly globally admired for its achievements in health care and education, with a national fiber-optic broadband backbone that many far more developed countries dream of, all just a stone's throw away from world-class tourism activities like the tracking of endangered mountain gorillas...

Welcome to Rwanda, possibly the greatest development success story in the world today.

What's included in the Conference Fees

Prices include conference registration, arrival day airport meet and greet, hotel accommodation, transportation for program activities, meals during program activities, on-site orientation, program-related activity and entrance fees, and full-time on-site coordination and support.

Not included are the transportation to/from the destination airport (including international airfare and taxes), visas, immunizations, some of the meals, items and services of a personal nature, and other discretionary expenses.

Other GEI Mental Health Programs (2019)

- March 2-10: Mindful Self-Compassion training retreat (Vietnam)
- March 16-24: Mindful Self-Compassion training retreat (Kenya)
- June 15-22: Multicultural Trauma Treatment training retreat (Rwanda)
- June 30-Aug 3+: Mental Health Internships / Volunteer Placements (Rwanda)
- Nov 2-10: NBCC-I Institute - Mental Health Facilitator (Rwanda)
- Dec 7-14: NBCC-I Institute - Mental Health Facilitator (Vietnam)



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GEI is a private institute that provides international students and professionals with high-impact education and engagement programs in Africa and Asia. We inspire and empower participants to apply their passion and skills to create positive change in the world.