



Program overview

Program

Title:	Leadership Retreat	Date:	January 14, 2020
Institution:	Integrative Trauma Treatment International	Client no.:	C110
Delegation leader(s):	Athena Phillips & Tiffany Ryan	Enquiry no.:	E132
Program dates:	April 25-May 2, 2020		

Program itinerary

Day	Place	Highlights	Hotels & meals
April 25 (Sat)	Kigali	Personal welcome at the airport, transfer to the hotel, check-in Day at leisure and own disposal Welcome dinner	Marriott Hotel (D)
April 26 (Sun)	Kigali	Program briefing Visit to the Nyamirambo Women's Center and guided walking tour of the colorful lower-class suburb of Nyamirambo, including home lunch Daily group meeting at 4:30pm: group processing, mindfulness, yoga, yomassage Group dinner with an introductory presentation about Rwanda's mental healthcare system and culture	Marriott Hotel (B/L/D)
April 27 (Mon)	Kigali	Visit to the Kigali Memorial Center at Gisozi, the country's most prominent genocide memorial site Interactive discussion with a guest speaker from the Kigali Memorial Center Daily group meeting at 4:30pm: group processing, mindfulness, yoga, yomassage Group dinner and interactive discussion on intercultural healthcare training and associated barriers and challenges	Marriott Hotel (B/L/D)
April 28 (Tue)	Huye & Nyungwe NP	Transfer to Nyungwe National Park, the largest mountainous rainforest in East and Central Africa En-route: Visit to the National Museum in Huye with one of Africa's finest ethnographic collections Check-in at the lodge, exploration of the nearby tea plantations and dinner	Nyungwe Top View (B/L/D)
April 29 (Wed)	Nyungwe NP	Hiking activities in Nyungwe National Park: Options depend on interests and physical fitness, including chimpanzee tracking, colobus monkey tracking, canopy walk, and several more general nature walks Daily group meeting at 4:30pm: group processing, mindfulness, yoga, yomassage Meals at the lodge	Nyungwe Top View (B/L/D)
April 30 (Thu)	Kibuye & Kigali	Transfer to Kibuye along the stunning shores of the beautiful Lake Kivu with its countless little bays and islands Boat exploration around the islands surrounding Kibuye Transfer to Kigali, check-in at the hotel and evening at own disposal	Marriott Hotel (B/L)
May 1 (Fri)	Akagera NP	Transfer to Akagera National Park for game drives and leisure Daily group meeting at 4:30pm: group processing, mindfulness, yoga, yomassage	Akagera Game Lodge (B/L/D)
May 2 (Sat)	Akagera NP & Kigali	Wrap-up of the game drives and transfer back to Kigali Shopping opportunity at Kimironko Market Personal farewell at the airport	(B/L)

OPTIONAL EXTENSION:

May 2 (Sat)	Akagera NP & Musanze	Wrap-up of the game drives and transfer back to Kigali Transfer to Musanze, check-in at the hotel and exploration of the town	Mountain Gorilla View Lodge (B/L/D)
May 3 (Sun)	Volcanoes NP	Tracking of a family of mountain gorillas in Volcanoes National Park Afternoon at own disposal	Mountain Gorilla View Lodge (B/L/D)
May 4 (Mon)	Musanze & Kigali	Banana beer brewing experience at Red Rocks, followed by lunch Transfer back to Kigali and shopping opportunity at Kimironko Market Personal farewell at the airport	(B/L)

Program prices

Guests	4-5	6-7	8-9	10+	Optional extension program	
Price per person in USD	4,950	4,400	3,650	3,250	Price per person in USD	2,750
Suggested minimum donation	250				<i>* minimum 2 participants</i>	

Included	Accommodation (shared double or twin rooms), ground transportation, meals as stated (7 lunches and 6 dinners, all with 1 non-alcoholic drink), activity and entrance fees, full-time coordination/guiding, 24/7 emergency support from our local program office
Excluded	International transport (flights, airport taxes etc), visas, travel and medical insurance, meals other than stated, extra beverages at the restaurants (especially including all alcoholic drinks), personal expenses and other extras
Further information	<ul style="list-style-type: none"> - Extra nights at the Marriott: \$200 (single), \$220 (twin) - Extra airport transfer: \$30 per person - Single occupancy supplement: \$558 - Single occupancy supplement (optional extension): \$160
Cancellation policy	<ul style="list-style-type: none"> - 45 or more days prior to the start of the program: 20% fee for cancellations - 44-15 days prior to the start of the program: 50% fee for cancellations - 14 or less days prior to the start of the program: 100% fee for cancellations
Terms & conditions	GEI's general Terms & Conditions apply to this program: www.global-engagement.org/TCs